

CSEG Exclusive Executive Membership

(Men's Only Option)

Entrance Fee	Waived (Regular \$1500)
Monthly Membership	\$155/month plus GST
Annual Membership	\$1749/annually plus GST (12 month contract)

Included in your Young Professional Membership:

- Personal Inscribed Executive Locker
- 8 Guest Passes
- Robe and Towel Service
- Discounted Rates on Wine Purchases at Wine Dinners and Wine Wednesdays
- Golf Partners Calgary & Out of Town/ Access to Reciprocal Clubs
- Member Rate on massage and wellness services

Complimentary

- Drop in Men's Only Fitness Classes in the Fit Pit and Co-Ed Spin and Yoga Classes in the Fitness Lounge.
- Waived meeting room rental fees with a Food and Beverage Minimum.
- Underground Parking- Monday through Thursday 4:30pm until 8:30am and Friday 4:30pm until Monday 8:30am

Bow Valley Club Membership Benefits

- One Member Lifestyle Consultation with a Certified Personal Trainer

20% OFF

- Vacation Properties Bellstar Resorts

15% OFF

- Purchases at Fanny May Chocolates Bow Valley Square
- Purchases over \$100 at Nutrition House Bow Valley Square
- X Factor Indoor Golf
- Downtown Vision Care on ophthalmic products (frames, lenses, sunglasses)
- Nightly stays at any Microtel Inn & Suites (Corporate group rates also available)
- Bow Valley Medical Clinic- skin spa services

10% OFF

- Purchases at Cork Fine Wine & Spirits Bow Valley Square
- Purchases at Joseph's Men's Wear Bow Valley Square
- Purchase of a 20 Session Personal Training Package (one package per year)
- Haircuts at Best of 7 Barbers Bow Valley Square
- Purchase under \$100 Nutrition House Bow Valley Square

Additional Services Available

• Laundry Service	\$241 (annual) \$25 (monthly)
• Squash	\$304 (annual) \$29 (monthly)
• Exclusive BVC Wine Club Membership	\$120/yr (6 bottles) \$180/yr (12 bottles)
• Guest Fee accompanied by member	\$25.00 per visit/guest
• Shoe Shine	\$7.00
• Dry Cleaning	Established with White Dove Cleaners
• Bike Pass	\$100 annually commencing May 1

Note: The CSEG Executive Membership has a no food and beverage minimum annual requirement.

SQUASH ADD ON OPTION

Monthly Fee	\$29/month plus GST
Annual	\$304/annually plus GST

Included in the squash option:

- **Onetime 30 minute Squash Assessment with Pro (value \$25)**
- **Squash Interclub Team Fee**
- **All Squash Balls**

BVC SQUASH POLICIES

- All members have access to on-line court booking 5 business days in advance.
- Each member is allowed one prime time court reservation per day. (Prime time is Mon-Fri 11am-115pm and 4pm-615pm)
- Tournament and Interclub League bookings will have advanced access to Court booking.
- It is the responsibility of the person who booked a squash court to cancel it, if it is not going to be used.
- Squash Balls are provided to our members at no charge for use in the Bow Valley Club. The balls are the property of the Bow Valley Club and as such, taking balls from the Club is not acceptable.
- Indoor court shoes with non-marking soles (outdoor running shoes not permitted)
- All athletic clothing is to be clean, neat and tidy.
- Eye protection is recommended for all squash players.
- For Men, sleeveless shirts or standalone spandex, cycling, beach shorts or tight fitting shorts are not permitted.
- For Ladies, tops must fully cover mid-section and standalone spandex shorts are not considered appropriate.
- All guests must be signed in at the front desk and adhere to BVC policies while in the Club. Guest fee is \$25.

Head Squash Professional and Men's Club Manager

Ken Cross

- NCCP Level 3 Squash Canada Teaching Professional
- 25 years of squash teaching and coaching experience.

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