



### **BVC SQUASH POLICIES**

- All members have access to on-line court booking 5 business days in advance.
- Each member is allowed one prime time court reservation per day. (Prime time is Mon-Fri 11am-115pm and 4pm-615pm)
- Tournament and Interclub League bookings will have advanced access to Court booking.
- It is the responsibility of the person who booked a squash court to cancel it, if it is not going to be used.
- Squash Balls are provided to our members at no charge for use in the Bow Valley Club. The balls are the property of the Bow Valley Club and as such, taking balls from the Club is not acceptable.
- Indoor court shoes with non-marking soles (outdoor running shoes not permitted)
- All athletic clothing is to be clean, neat and tidy.
- Eye protection is recommended for all squash players.
- For Men, sleeveless shirts or standalone spandex, cycling, beach shorts or tight fitting shorts are not permitted.
- For Ladies, tops must fully cover mid-section and standalone spandex shorts are not considered appropriate.
- All guests must be signed in at the front desk and adhere to BVC policies while in the Club. Guest fee is \$25.

### **Head Squash Professional and Men's Club Manager**

#### **Ken Cross**

- NCCP Level 3 Squash Canada Teaching Professional
- 25 years of squash teaching and coaching experience.

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